



My Ideal Weekly Schedule

Time	Mon	Tues	Wed	Thu	Fri	Sat/Sun	TO DO's
Before 7:00am							
7:00am							
8:00am							
9:00am							
10:00am							
11:00am							
12:00pm							
1:00pm							
2:00pm							
3:00pm							
4:00pm							
5:00pm							
After 5:00pm							

Additional Activities TO DO

Short Term	Medium Term	Long Term